



Society for Optimisation of Psychological Wellbeing

心理精臻學會

<http://www.optimise.us>

Annual General Meeting and Annual Scientific Meeting 2024

Date: 21 June 2024 (Friday)

Venue: Shantung Room II, Cordis Hotel, Mongkok, Hong Kong

Time: 7:15 pm - 7:30pm Annual General Meeting

7:30 pm - 8:30pm Annual Scientific Meeting and Dinner

Lecture: Psychological Trauma and Spirituality

Speaker: Dr Chong King Yee Specialist in Psychiatry

Chairman: Dr Wong Chun Bun Gordon Specialist in Psychiatry

This lecture aims to understand psychological trauma from different perspectives. How people face trauma under different cultural beliefs, and the importance of faith and religious communities in overcoming traumatic stress will be discussed. A case illustration will be used to weave the discussion together.

CME accreditation: Hong Kong College of Psychiatrists: pending

Hong Kong Academy of Medicine (MCHK CME): pending

Reply slip

Name: _____

Hospital / Clinic: _____ Contact email: _____

I shall join the lecture only. () I shall join the lecture and dinner. ()

RSVP: Please register by email to Cherry Wong at cwong51@its.jnj.com before 16 June 2024

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